



MONTANA TECH WEEKLY UPDATE

December 17, 2024

IN THIS EDITION

Mental Health for the Holidays:
Thriving and Prioritizing Your
Mental Health Well-being

Chancellor's Holiday Party

2025 Bureau Calendars

Technology Related Purchases

New my.mtech.edu Coming:
January 6, 2025

Required Research Office
Training

UPCOMING CAMPUS EVENTS

12/18: Mental Health for the Holidays: Thriving and Prioritizing Your Mental Health Well-being (10:00 am, Copper Lounge)

12/19:
Holiday Party (5:00 pm-8:00 pm, Chancellor's Residence)
Weights (12:00 pm, HPER 140)



MENTAL HEALTH FOR THE HOLIDAYS: THRIVING AND PRIORITIZING YOUR MENTAL HEALTH WELL-BEING

Mental Health for the Holidays: Thriving and Prioritizing Your Mental Health Well-being. *Holiday stress can take a toll on our mental health. Please join us as we learn how to identify common stressors and ways to care for your whole self during the holiday season.*

December 18 | 10:00 AM | Copper Lounge



CHANCELLOR'S HOLIDAY PARTY

Please join Les and Stephanie Cook for the Chancellor's Holiday Party on

Thursday, December 19 from 5:00 pm to 8:00 pm at the Chancellor's Residence.



2025 BUREAU CALENDARS

The Bureau's 2025 calendars are available for distribution from the Bureau Publication Office in the NRB. Each campus employee can pick up a complimentary calendar; we ask that you sign for it so we can keep track of distribution.

If a department or other group wants to have one person collect for everyone, just bring a list of names to be checked off.

Additional copies can be purchased for \$5.00 each.



OSH 424: ENVIRONMENTAL HEALTH

Please share with any students who you think would be interested.

If you are looking for an elective course that explores human health and the environment, OSH 424 is a course that may meet your interests. All majors and level welcome. We discuss local, regional, national and global issues, public health essential services, environmental ethics, population growth, environmental degradation, chemicals and toxicity, pests, emerging diseases, food borne illness, water quality, air pollution, energy, radiation, waste, and more.

The course is open to all majors and levels: The CRN 36911 is taught 8:00 am – 8:50 am MWF in SE 113. Course instructor is David P. Gilkey, D.C., Ph.D., REHS/RS.



TECHNOLOGY RELATED PURCHASES

This is a reminder that the state made a major change in October 2023 that any

technology-related purchase, including software, hardware and software subscriptions will be prohibited on the ProCard. Moving forward, any Procard software and technology purchase requests will be made through IT via GrizMart. NO EXCEPTIONS.

Out-of-pocket Reimbursements for Technology-Montana Tech will NOT reimburse for any technology-related purchase from out-of-pocket (personal) expenses. We encourage you to explore cost-effective options by leveraging existing University resources.



NEW MY.MTECH.EDU COMING - JANUARY 6, 2025

Please help us test the usability of our new version of my.mtech.edu (Ellucian Experience). We welcome your feedback.

To see the new version, please visit this site:

<https://experience.elluciancloud.com/m459/>

To compare the two versions, you can visit the current site here:

<https://my.mtech.edu>

The new version is expected to roll out to all users January 6, 2025.

Please send your comments to jsimon@mtech.edu



REQUIRED RESEARCH OFFICE TRAINING

Faculty, staff, and students who participate in, or who are mentoring research at Montana Tech, are **required** to take RCR training prior to participating in any research activities.

RCR training is administered thru CITI and must be updated every 3 years.

Faculty and staff are responsible for making certain that any students who are working on any research have RCR Training prior to participating in research activities.

For questions on RCR training and instructions for accessing CITI contact grants@mtech.edu.

