

A photograph of a group of students in a library. In the foreground, a young man with dark hair and a grey t-shirt is smiling and looking towards the right. To his right, a young woman with glasses and a polka-dot top is also smiling and looking in the same direction. They are surrounded by other students and bookshelves filled with books. The overall atmosphere is one of collaboration and academic engagement.

# Academic Advising

## Best Practices Using EAB Navigate

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What is academic  
advising?  
How do you  
advise your  
students?

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# Academic Advising – What is it?



- An interactive process between students and their advisor
- Shared information about interests, skills, abilities, and goals
- Build action plans to facilitate progress toward degree or certificate and beyond

## Academic Advising Myths:



- Advising is just registering students for their next semester
- I made it through school without an advisor, these students should be able to as well
- I have to solve all of my students' problems



# Quick Detour: Student Development Theory



Sanford – Challenge and Support  
Schlossberg - Transition

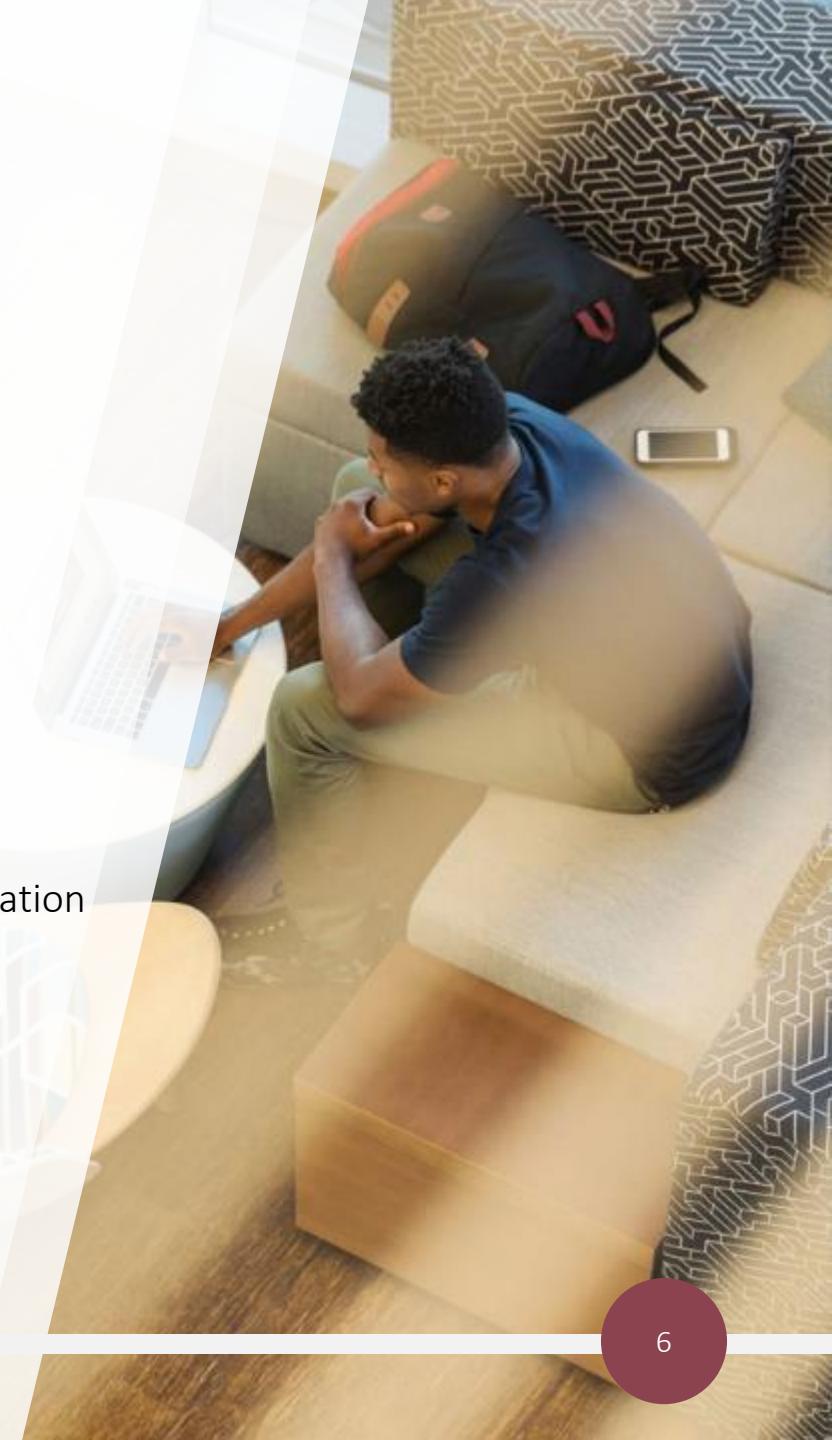
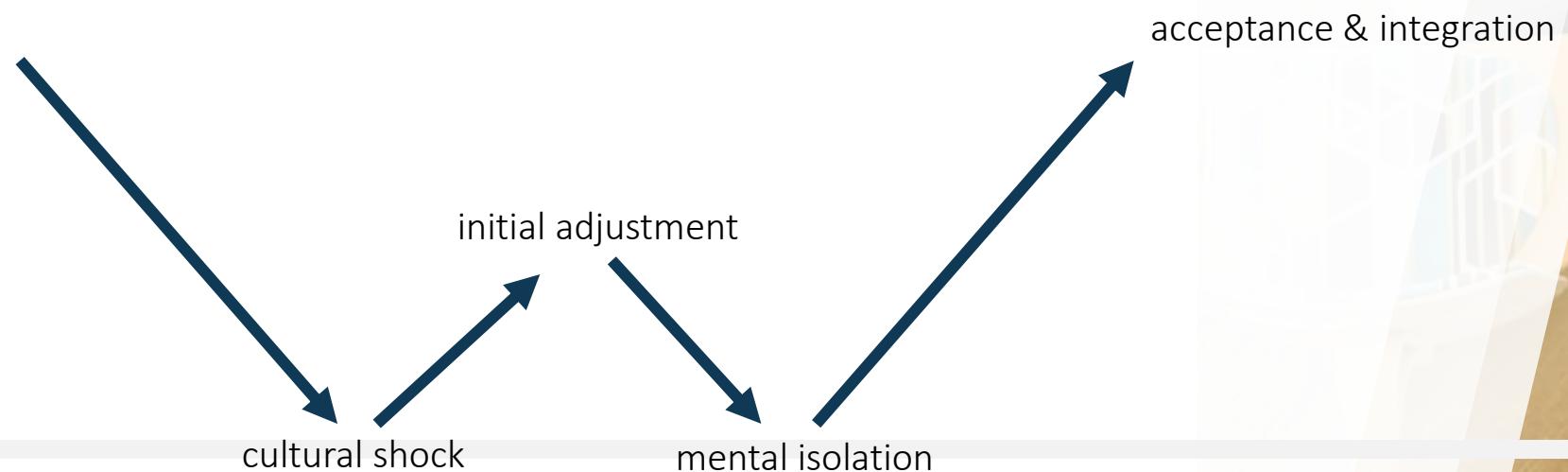
# Sanford: Challenge and Support

- Students develop/grow toward their goals by experiencing challenge
- As advisors/mentors/faculty – help students find the sweet spot



# Schlossberg: Transition Theory

- Transition: an event or non-event that leads to changes in relationships, routines, roles
  - Anticipated vs Unanticipated
- Four factors that influence students' approach to transition
  - Situation
  - Self
  - Social Support
  - Strategies





## Why even talk about Student Development Theories?

We can learn to be better advisors and support our students' success when we know what they are going through and how they are navigating it





SPEAKING OF  
“NAVIGATE”

# EAB Navigate



## Identify

- Reference student profile
- Progress Report/Early Alert system



## Communicate

- Mass email/ message a specific group
- Schedule appointments



## Support

- Create appointment campaign
- Holistic support and transition

<http://mtech.campus.eab.com>



Ready to schedule a meeting  
to get set up in Navigate?

Just let me know!



# THANKYOU

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<https://mtech.edu/advising/index.html>