

A photograph of four students in a library setting. A young man in a grey t-shirt is smiling and looking at a laptop. A young woman with glasses is looking at the laptop. Another young woman is looking at a book. A young man is looking at the laptop. They are all sitting at a table. Bookshelves are visible in the background.

Academic Advising

Best Practices Using EAB Navigate

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What is academic
advising?
How do you
advise your
students?



Academic Advising – What is it?



- An interactive process between students and their advisor
- Shared information about interests, skills, abilities, and goals
- Build action plans to facilitate progress toward degree or certificate and beyond

Academic Advising Myths:



- Advising is just registering students for their next semester
- I made it through school without an advisor, these students should be able to as well
- I have to solve all of my students' problems



Quick Detour: Student Development Theory



Sanford – Challenge and Support
Schlossberg - Transition

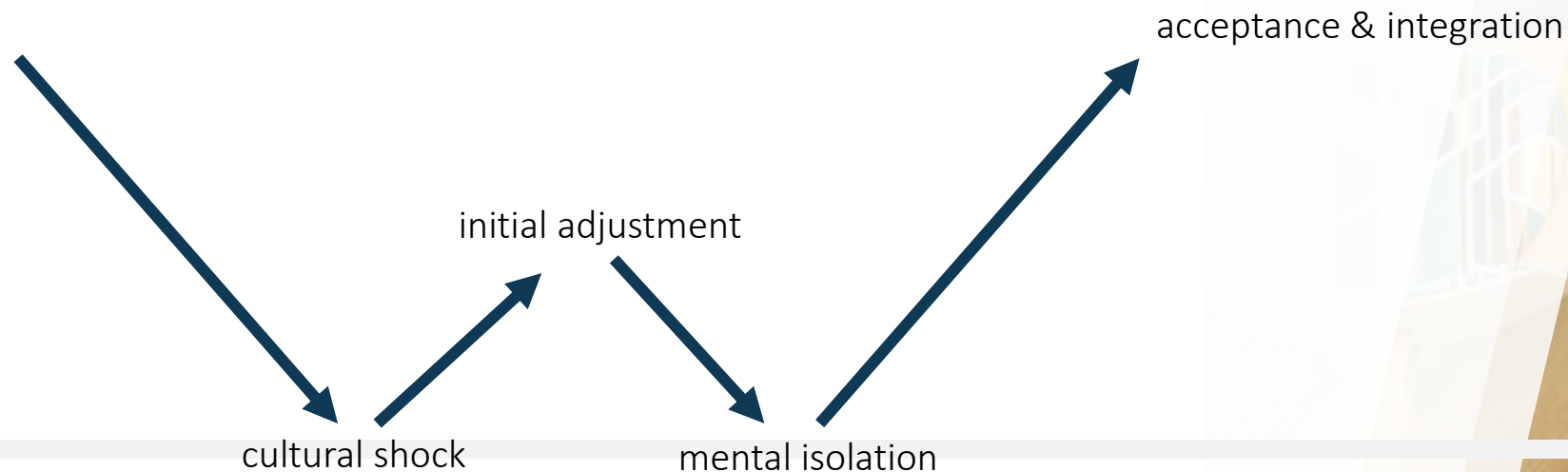
Sanford: Challenge and Support

- Students develop/grow toward their goals by experiencing challenge
- As advisors/mentors/faculty – help students find the sweet spot



Schlossberg: Transition Theory

- Transition: an event or non-event that leads to changes in relationships, routines, roles
 - Anticipated vs Unanticipated
- Four factors that influence students' approach to transition
 - Situation
 - Self
 - Social Support
 - Strategies





Why even talk about Student Development Theories?

We can learn to be better advisors and support our students' success when we know what they are going through and how they are navigating it



SPEAKING OF “NAVIGATE”

EAB Navigate



Identify

- Reference student profile
- Progress Report/Early Alert system



Communicate

- Mass email/message a specific group
- Schedule appointments



Support

- Create appointment campaign
- Holistic support and transition

<http://mtech.campus.eab.com>



Ready to schedule a meeting
to get set up in Navigate?

Just let me know!

THANK YOU

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<https://mtech.edu/advising/index.html>